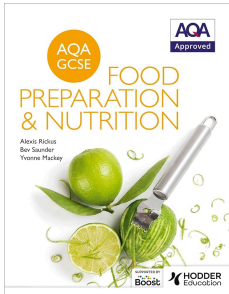
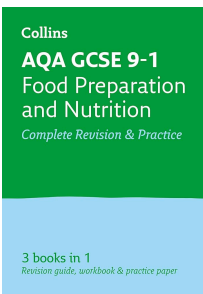
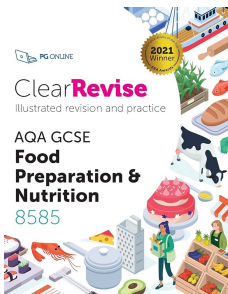


Food Preparation and Nutrition

Exam Board	Recommended Revision Guide	Support Available at QE
AQA	  	Any lunch time in A101 or Tuesday and Thursday after school in A101
Useful online resources		Exam date/s
AQA GCSE Food Preparation and Nutrition Subject content AQA Subject specific vocabulary AQA GCSE Food Preparation and Nutrition Scheme of assessment Seneca - Learn 2x Faster (senecalearning.com) AQA GCSE Food Preparation and Nutrition Assessment resources		NEA deadline: 27th March 2024 Written exam: 19th June 2024
<u>Powerpoints and revision sheets</u>		
Week beginning	Topic / Content to revise	Completed / RAG rate
26th February 10 weeks to go	<u>Cooking of food and heat transfer</u>	
4th March 9 weeks to go	Food spoilage and contamination	
11th March 8 weeks to go	Factors affecting food choice	
18th March 7 weeks to go	British and international cuisine	
25th March 6 weeks to go	Environment and sustainability of food	
1st April 5 weeks to go	Food labelling and marketing	
8th April 4 weeks to go	Functional and chemical properties of Protein and Carbs	
15th April 3 weeks to go	Functional and chemical properties of fats and Raising agents	
22nd April 2 weeks to go	Macronutrients- Protein Carbs and fats	
29th April	Micronutrients- Water soluble vitamins, Fat	

1 week to go	soluble vitamins and minerals	
6th May 0 weeks to go	Nutritional needs of different groups and diseases.	
13th May	Food production- Primary processing	
20th May	Food production- Secondary processing	
27th May	Food production- Cereals	
3rd June	Food production- Meat	
10th June	Food production- Dairy	
17th June	Final revision- Weaker areas that you have done.	