

December 2025

Dear Parents and Carers,

### **Re- Curriculum for Life; Relationships and Sex Education**

At Queen Elizabeth's school we deliver Personal, Health, Social and Economic Education through our 'Curriculum for Life' (C4L) programme. Details of the programme can be found on our school website ([Curriculum for Life](#)), outlining the programme of study that students are taught, as well as the statutory requirements of Government guidance. We are continually updating our programme in responding to societal developments, legislation and contextual factors.

Our Curriculum for Life programme for is delivered using age-appropriate materials through Curriculum for Life lessons and encompasses the following areas;

- Community and Responsibilities education
- Staying Safe online and offline; including alcohol and drug awareness education
- Relationships and Sex Education
- Physical, Emotional and Mental Health education
- Careers, Money and Choices education

### **Relationships and Sexual Health Education**

During the Spring term, students in all year groups (9-11) will be studying the topic area of Relationships and Sex Education (RSE), within their Curriculum for Life lessons. These lessons are designed to meet statutory requirements of the Government policy for schools on RSE (2020) and are age appropriate. All Curriculum for Life materials are delivered in an objective, sensitive and balanced manner. The school RSE policy can be found here: [RSE Policy](#). We are also working closely with Dorset NHS who will be providing staff training and specific information relating to the delivery of this content.

Year 9 students will be taught lessons within the following areas

- Introduction to RSE- Healthy relationships
- Relationships and contraception and Sexually Transmitted Infections (STIs)
- Freedom and the capacity to consent
- How to look after your emotional wellbeing

Year 10 students will be taught lessons within the following areas

- Relationships, intimacy and consent
- Contraception, Sexual Health and Fertility
- Sexual Extortion and Imagery
- Contraception

Year 11 students will be taught lessons within the following areas

- Healthy and Unhealthy Relationships
- Sex, Drugs and Alcohol
- Impact of Pornography
- Pressure, Persuasion and Coercion

We would also like to invite you to participate in parent/carer consultation and feedback to the Curriculum for Life programme; including our forthcoming lessons within Relationships and Sex Education. [RSE Parent/Carer consultation](#)

If you have any questions or would like any further information, beyond the links and resources attached, please do not hesitate to contact the school. If you feel that your child needs any further support regarding the content that is being delivered please follow the links to our mental Health, safeguarding and wellbeing pages of the school website.

[QE school Safeguarding information](#)  
[Wellbeing and Mental Health links](#)

Yours Sincerely,

*Matt Oldfield*

Matthew Oldfield  
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*Alisha Leonard*

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