

YR9 – CURRICULUM FOR LIFE– C4L



1. Community & Responsibility

- Stereotypes
- Prejudice
- Tackling Discrimination
- The Law & Punishment
- Knife Crime
- Gangs

2. Staying Safe Online & Offline

- Personal Safety
- Bullying
- Abuse
- Positive uses of social media
- County Lines

3. Careers

- What are my skills?
- KS4 pathways
- World of Work
- Earning and Income
- Managing Money
- The Labour Market

4. Relationships & Sex Education

- Healthy Relationships
- Relationships & Contraception
- Freedom & Capacity to Consent
- Emotional Wellbeing

5. Physical, Emotional & Mental Health

- HPV
- Building confidence in ourselves
- What affects our Mental Health

6. Responsive Teaching & Learning

- Alcohol harms & addiction
- Respect, rules, responsibility & Community
- Finances, budgeting
- Needs vs wants
- Rights of the Child
- Inclusivity
- Upstanding

YEAR 10- CURRICULUM FOR LIFE- C4L



1

Community & Responsibility

- British Values
- Freedom of Expression
- Identifying Conspiracy Theories
- Artificial Intelligence
- Deep Fakes
- Extremism
- Radicalisation
- Terrorism

2

Staying Safe Online & Offline

- Illegal Substances
- Emergency Situations
- Social Media Reliance
- Vaping and Tobacco; Harms and the law
- The Dark Web
- Online Grooming
- Online Scams

3

Relationships & Sex Education

- Intimacy
- Consent
- Contraception
- Sexual Health
- Fertility
- Sexual Extortion and Imagery
- Avoiding Assumptions

4

Physical, Emotional & Mental Health

- Alcohol
- Mental Health
- Self-Esteem
- Confidence
- Change
- Loss
- Grief

5

Careers

- Career Journey
- Employer Profiles
- My Career
- Post 16 Options
- Learning Pathways

YEAR 11 – CURRICULUM FOR LIFE – C4L



Careers

- Employability Skills
- Post 16 Choices
- Decision Making
- Money Talks
- Apprenticeships
- Higher Education



Staying Safe Online & Offline

- Emergency First Aid
- Online Boundaries
- Gambling
- Substance Misuse
- Habit
- Addiction
- Choice



Relationships & Sex Education

- Healthy Relationships
- Unhealthy Relationships
- FGM
- Sex, Drugs & Alcohol
- Impact of Pornography
- Pressure, Persuasion & Coercion
- Sexual Harassment



Physical, Emotional & Mental Health

- Importance of sleep
- Managing Exam Stress
- CV Writing and employment rights

YEAR 12- C4L



01. Post 16 Life Skills and Shared values

- Resilience
- First Impressions
- Organisation
- Emails
- Success
- Thinking before we Speak
- Misogyny
- Cultural Appropriateness
- Active Citizenship

02. Community & Responsibility

- Impact of Crime
- Influence of Faith & Cultural views on Relationships
- Politics & Political Influences
- Environmental Issues
- Community & Action
- Differences in Societal Values

03. Staying Safe Online & Offline

- Dangerous & Emergency Situations
- Transport & Travel
- Alcohol & Health
- Harms and effects of Recreational Drugs
- Recognising Harassment & Abuse

04. Relationships & Sex Education

- Sexual Health
- Values & Differences
- Trust & Intimacy

05. Careers

- What makes an Employer 'good' to Work For?
- Post 18 Choices
- Setting Career Goals
- How To Network and Be Enterprising
- Wellbeing - Balancing Life, Learning & Work

06. Physical, Emotional & Mental Health

- The Role of Constructive Criticism
- Mental Health: Accessing Support
- Body Enhancement
- Acknowledging Skills & Assets
- Leaving Home: Building a Healthy Lifestyle

YEAR 13- C4L



01. Careers

- Personal Branding: CV & Online Profile
- Preparing for Interviews
- Managing Transitions
- Employer Assessment Days
- Self-Employment & Freelance
- Should All Employers Adopt a 4 Day Week?

02. Community & Responsibility

- Law, Responsibilities & Protections
- Understanding Extremist Behaviour
- Human Rights
- Customer Service & Consumer Rights
- Environmental Issues, Community & Action

04. Relationships & Sex Education

- Meeting New People
- Ending Relationships
- Consent Matters
- Making Choices About Pregnancy & Parenthood

03. Staying Safe Online & Offline

- Exiting Aggressive Social Situations
- Protecting Your Finances
- Setting Boundaries Online

05. Physical, Emotional & Mental Health

- Preparing to live independently
- Effective strategies for exam preparation