

GRADUATED RESPONSE TO SEMH NEED (ANXIETY)

CAMHS

(Child and Adolescent Mental Health)

This is an external referral for severe and complex cases. The student must meet the criteria for a referral which includes potential self harm and a danger to others

SEMH Mentoring

(Social, Emotional and Mental Health)

Students are referred by SENDCO to access Mindfulness and Theory of Mind sessions to reduce anxiety and stress. This support is given through a socialising program that can be perceived as being safe with adult support.

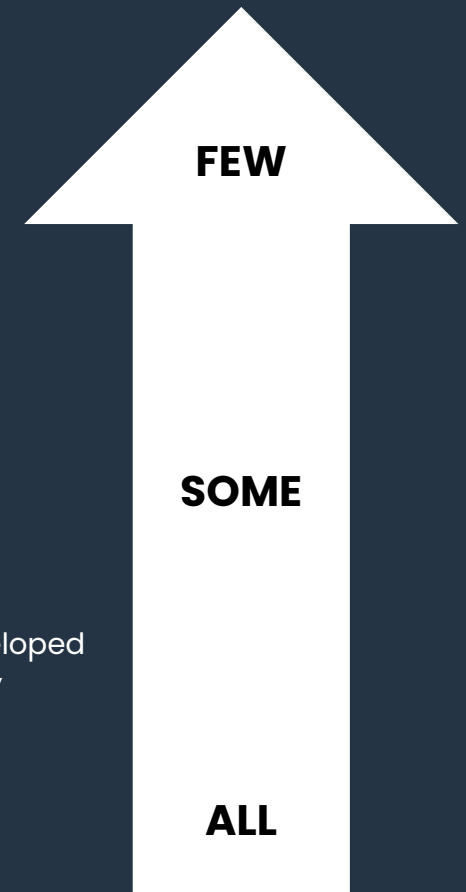
ELSA

(Emotional Literacy Support Assistant)

Head of Year can refer a student for a six week programme. This is a short cycle of support developed by the Educational Psychology team. It is led by ELSA specialists who discuss with students any further underlying causes of their anxiety

KS2 – CAT grades, Previous School Information and Parent Meetings

We support our student through pastoral, chaplaincy and SEND mentoring.



All interventions have to be carried out for a significant period before there is consideration for the next wave of intervention.