

YR9 – CURRICULUM FOR LIFE– C4L



Community & Responsibility

- Stereotypes
- Prejudice
- Tackling Discrimination
- The Law & Punishment
- Knife Crime
- Gangs

Staying Safe Online & Offline

- Personal Safety
- Bullying
- Abuse
- Positive uses of social media
- County Lines

Careers

- What are my skills?
- KS4 pathways
- World of Work
- Earning and Income
- Managing Money
- The Labour Market

Relationships & Sex Education

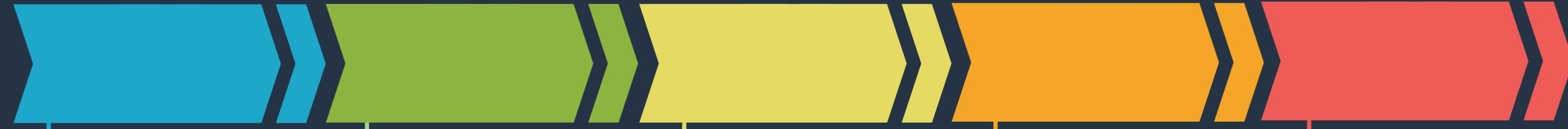
- Healthy Relationships
- The Law
- Freedom & Capacity to Consent
- Emotional Wellbeing

Physical, Emotional & Mental Health

- HPV
- Building confidence in ourselves
- What affects our Mental Health



YEAR 10- CURRICULUM FOR LIFE- C4L



1

Community & Responsibility

- British Values
- Freedom of Expression
- Identifying Conspiracy Theories
- Artificial Intelligence
- Deep Fakes
- Extremism
- Radicalisation
- Terrorism

2

Staying Safe Online & Offline

- Illegal Substances
- Emergency Situations
- Social Media Reliance
- Vaping and Tobacco; Harms and the law
- The Dark Web

3

Careers

- Career Journey
- Employer Profiles
- My Career
- Post 16 Options
- Learning Pathways

4

Relationships & Sex Education

- Intimacy
- Consent
- Contraception
- Sexual Health
- Online safety and Relationships Education
- Avoiding Assumptions

5

Physical, Emotional & Mental Health

- Alcohol
- Mental Health
- Self-Esteem
- Confidence
- Change
- Loss
- Grief



YEAR 11 – CURRICULUM FOR LIFE – C4L



- 1**
Careers
 - Employability Skills
 - Post 16 Choices
 - Decision Making
 - Money Talks
 - Apprenticeships
 - Higher Education
- 2**
Staying Safe Online & Offline
 - Emergency First Aid
 - Online Boundaries
 - Gambling
 - Substance Misuse
 - Habit
 - Addiction
 - Choice
- 3**
Physical, Emotional & Mental Health
 - Importance of sleep
 - Managing Exam Stress
- 4**
Relationships & Sex Education
 - Healthy Relationships
 - Unhealthy Relationships
 - Sex, Drugs & Alcohol
 - Impact of Pornography
 - Challenging and addressing pressure



YEAR 12- C4L



01. Post 16 Life Skills and Shared values

- Resilience
- First Impressions
- Organisation
- Emails
- Success
- Thinking before we Speak
- Misogyny
- Cultural Appropriateness
- Active Citizenship

02. Community & Responsibility

- Impact of Crime
- Influence of Faith & Cultural views on Relationships
- Politics & Political Influences
- Environmental Issues
- Community & Action
- Differences in Societal Values

03. Staying Safe Online & Offline

- Dangerous & Emergency Situations
- Transport & Travel
- Alcohol & Health
- Harms and effects of Recreational Drugs
- Recognising Harassment & Abuse

04. Relationships & Sex Education

- Sexual Health
- Values & Differences
- Trust & Intimacy

05. Careers

- What makes an Employer 'good' to Work For?
- Post 18 Choices
- Setting Career Goals
- How To Network and Be Enterprising
- Wellbeing - Balancing Life, Learning & Work

06. Physical, Emotional & Mental Health

- The Role of Constructive Criticism
- Mental Health: Accessing Support
- Body Enhancement
- Acknowledging Skills & Assets
- Leaving Home: Building a Healthy Lifestyle

YEAR 13- C4L



01. Careers

- Personal Branding: CV & Online Profile
- Preparing for Interviews
- Managing Transitions
- Employer Assessment Days
- Self-Employment & Freelance
- Should All Employers Adopt a 4 Day Week?

02. Community & Responsibility

- Law, Responsibilities & Protections
- Understanding Extremist Behaviour
- Human Rights
- Customer Service & Consumer Rights
- Environmental Issues, Community & Action

04. Relationships & Sex Education

- Meeting New People
- Ending Relationships
- Consent Matters
- Making Choices About Pregnancy & Parenthood

03. Staying Safe Online & Offline

- Exiting Aggressive Social Situations
- Protecting Your Finances
- Setting Boundaries Online

05. Physical, Emotional & Mental Health

- Preparing to live independently
- Effective strategies for exam preparation