

Graduated response to SEMH need (Anxiety)

Glossary

CAMHS - Child and adolescent mental health

SEMH - Social, emotional, mental health

ELSA - Emotional literacy support assistant

SENDCo- Special education needs and Disability coordinator

CAMHS

This is an external referral for Severe and complex cases. The student must meet the criteria for a referral which includes potential self harm and a danger to others.

Internal Counselling

Counselling can be offered to a student via a self referral, pastoral referral or SEND referral. This intervention is given by a trained counsellor who will meet the student 1:1. During these sessions they will discuss any concerns the student wishes to address.

SEMH mentoring

Students are referred by SENDCO to access Mindfulness and Theory of Mind sessions to reduce anxiety and stress. This is support is given through a socialising program that can be perceived as being safe with adult support.

ELSA

Head of House can refer a student for a six week program. This is a short cycle of support developed by the Educational Psychology team. It is lead by ELSA specialists who discuss with students any further underlying causes of their anxiety and strategies can be explored with and by the student.

KS2 - CAT grades, historical information from previous school and parent meetings

At Queen Elizabeth's school we support our student through pastoral, chaplaincy and SEND mentoring.

All interventions have to be carried out for a significant period before there is consideration for the next wave of intervention.

FEW

SOME

ALL

