

MCO/kw

Friday 13th December 2024

Dear Parents and Carers,

Curriculum for Life; Relationships and Sex Education

At Queen Elizabeth's school we deliver Personal Health and Social Education through our planned and sequenced 'Curriculum for Life' (C4L) programme. Details of the programme can be found on our school website, and these outline the programme of study that students are taught, as well as the statutory requirements of Government guidance. We are continually updating our programme in responding to societal developments, legislation and contextual factors.

<https://www.queenelizabeths.com/page/?title=Curriculum+for+Life%26%238203%3B&pid=88>

Our Curriculum for Life programme for is delivered using age appropriate materials through Curriculum for Life lessons and encompasses the following areas;

- Community and Responsibilities
- Staying Safe online and offline; including on alcohol and drug awareness
- Relationships and Sex Education
- Physical, Emotional and Mental Health
- Personal Development and life beyond school
- Careers, Money and Choices

Relationships and Sexual Health Education

During the Spring term students in all year groups 9-11 will be studying the topic area of Relationships and Sex Education (RSE), within their Curriculum for Life lessons. These lessons are designed to meet statutory requirements of the Government policy for schools on RSE (2020) and are age appropriate. All Curriculum for Life materials are delivered in an objective, sensitive and balanced manner. The school RSE policy can be found here.

https://www.queenelizabeths.com/_site/data/files/key-info-and-policies/08DBDFAD1B54F2D0D4D62F8B3EDB5432.pdf

Ahead of the delivery of forthcoming lessons we are working closely with Dorset NHS who will be providing staff training and specific information relating to the different programmes can be found below;

Year 9 students will be taught lessons within the following areas

- Introduction to RSE- The why?
- Unplanned pregnancy and contraception



- Sexually Transmitted Infections (STIs)
- How to look after your emotional wellbeing

Year 10 students will be taught lessons within the following areas

- Misconceptions in the media
- Types of relationships
- Keeping safe and consent
- Sexting

Year 11 students will be taught lessons within the following areas

- Healthy relationships
- Sex, Drugs and Alcohol
- How to protect yourself

We would also like to invite you to participate in parent/carer consultation and feedback to the Curriculum for Life programme; including our forthcoming lessons within Relationships and Sex Education. [Parent/Carer C4L and RSE consultation](#)

If you have any questions or would like any further information, beyond the links and resources attached, please do not hesitate to contact the school. If you feel that your child needs any further support regarding the content that is being delivered please follow the links to our Mental Health, Safeguarding and wellbeing pages of the school website.

<https://www.queenelizabeths.com/page/?title=Safeguarding&pid=14>

<https://www.queenelizabeths.com/page/?title=Mental+Health+%26amp%3B+Wellbeing&pid=31>

Yours Sincerely,

M. Oldfield

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